

Mentor Time Commitment Details

YWLP is a year-long commitment (Fall 2024-Spring 2025) in which students can expect to dedicate approximately 6-8 hours per week of their time to the following activities:

- Mandatory Mentor Orientation: Monday, August 26, 2024 from 1pm-5:00pm. During this orientation you will meet your fellow group members and your group facilitator. Each group will consist of approximately 5-8 mentoring pairs.
- Weekly class commitment: EDHS 2891 *Mentorship Skills with Adolescent Girls* (4 credits) meeting 3:30-6pm each Monday in the Fall semester. Spring semester will include a 1 credit class (EDHS 2900) with a Monday meeting from 4pm-5pm.
 - EDHS 2891—*Mentorship Skills with Adolescent Girls* is an academic service learning course. It will have traditional coursework requirements (including: grades, readings, homework, papers, class participation, etc) all focused on informing your role as a mentor.
 - During that Monday time you will also meet with your fellow mentor group members and your group facilitator to plan your weekly YWLP meetings.
- Weekly YWLP Group meetings at your group's middle school. There are three time slots during which our group meetings take place. After you are accepted into the program you will be asked to indicate which time slots work in your schedule.
 - Middle Schools and their meeting times:
 - Wednesdays from 3:30pm-5:45pm (with travel: 3:00pm-6:15pm).
 - Wednesdays from 4:05pm-6:20pm (with travel: 3:35pm-6:50pm).
 - Thursdays from 4:05pm-6:20pm (with travel: 3:35pm-6:50pm).
- Program wide events: There will be 1 or 2 mandatory program-wide events that will take place on Saturday or Sunday during the year. We will release the exact dates at your Mentor Orientation in August.
- Body Project: Each mentor will sign up for and complete the Body Project training, which consists of two sessions (2 hours each) in the Fall semester. A range of dates and times will be provided in August. Alternatives to this requirement are available for students who request them in advance.