

## Big Sister Time Commitment Details

YWLP is a year-long commitment (Fall 2022-Spring 2023) in which students can expect to dedicate approximately 6-8 hours per week of their time to the following activities:

- **Mandatory Big Sister Orientation:** Monday, August 22, 2022 from 1pm-5:00pm. During this orientation you will meet your fellow group members and your group facilitator. Each group will consist of approximately 5-8 mentoring pairs.
- **Weekly class commitment:** EDHS 2891 Issues Facing Adolescent Girls (4 credits) meeting 3:30-6pm each Monday in the Fall semester. Spring semester will include a 1 credit class (EDHS 2900) with a Monday meeting from 4pm-5pm.
  - EDHS 2891—Issues Facing Adolescent Girls is an academic service learning course. It will have traditional coursework requirements (including: grades, readings, homework, papers, class participation, etc) all focused on informing your role as a Big Sister.
  - During that Monday time you will also meet with your fellow Big Sister group members and your group Facilitator to plan your weekly YWLP meetings.
- **Weekly YWLP Group meetings at your group's middle school.** There are three time slots during which our group meetings take place. After you are accepted into the program you will be asked to indicate which time slots work in your schedule.
  - Middle Schools and their meeting times:
    - Wednesdays from 3:15pm-5:30pm (with travel: 2:45pm-6pm).
    - Wednesdays from 4pm-6:15pm (with travel: 3:30pm-6:45pm).
    - Thursdays from 4pm-6:15pm (with travel: 3:30pm-6:45pm).
- **Program wide events:** There are three mandatory program-wide events that will take place on Saturday or Sunday during the year. We will release the exact dates at your Big Sister Orientation in August.
  - October: Service Drive
  - December: Fall Finale
  - March: UVA Day
- **Body Project:** Each mentor will sign up for and complete two sessions of 2 hours each as part of the Body Project in the Fall semester. A range of dates and times will be provided in August. Alternatives to this requirement are available for students who request them in advance.